

Find and circle every uppercase **H**

The image features a large uppercase letter 'H' shape. Inside the 'H', there are two vertical bars and a horizontal bar. The letters are arranged as follows:

- Left vertical bar: H, M, S, F, B, J, K, H, H, W
- Right vertical bar: H, L, I, K, G, H, Q, X, H, J, N, V, O, I, A, F
- Horizontal bar: Y, H, Z, M, R

A row of ten dashed uppercase 'H' characters on a three-line grid for tracing practice.